



3.4.3. Number of extension and outreached Programmes conducted by the institution through NSS/ NCC/ Red Cross/ YRC etc., (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. and/or those organised in collaboration with industry, community and NGOs during the last five years

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3.4.3. Number of extension and outreached Programmes conducted by the institution through NSS/ NCC/ Red Cross/ YRC etc., (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. and/or those organised in collaboration with industry, community and NGOs during the last five years

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11		Road safety rally	6
12		Dhana pani beach cleaning	7
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14		Navpada Cleanliness Campaign at Sanjay Gandhi National Park	8
15		School painting at Dahanu	9
18	2018-19	Voter's day (Voter Empowerment Awareness Program)	10
19		Blood Donation Camp	10
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21		Swachh Bharat Abhiyan (Cleanliness Awareness program)	13
22		Kerala flood Relief (Essential Items Donation: Vasai Camp)	13
23	2017-18	Awareness - How to prevent Road Accidents	14
24		Waste Material Management Awareness program	15
25		Spread Awareness among People to fight against HIV and AIDS-related illness	16
26		Tree Plantation	17
27		Beach Cleaning	17

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Photographs for 3.4.3



Event :Sharing and Caring on 08/03/2022



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NATIONAL SERVICE SCHEME
(MUMBAI UNIVERSITY)

POSHAN PAKHWADA 2021



Poshan Pakhwada 30/03/2021





Bamboo Festival on 05/03/2020





Bhajan sandhya on 02/10/2019





Book Donation camp on 10/10/2019 and 14/10/2019





Road safety rally on 06/12/2019





Dhanapani beach cleaning on 03/01/2020



Bhuigaon beach cleaning on 08/01/2020





Navapada cleanliness campaign on 27/02/2020





school painting at Dahanu on 14/03/2020





Voters day on 25/01/2019



Blood donation camp on 08/02/2019





Blood donation camp on 08/02/2019





Swine flue preventive measures awareness on 16/10/2018





Swachh bharat abhiyan on 24/09/2018



Kerala flood relief on 27/08/2018





Awareness how to prevent road accidents on 15/01/2018





Waste material management programme on 23/03/2018



Spread Awareness among People to fight against HIV and AIDS-related illness on 1/12/2017





Tree plantation on 14/07/2017



Beach cleaning on 06/09/2017





Vishnu Waman Thakur Charitable Trust's
VIVA Institute of Technology

Approved by AICTE, New Delhi, DTE, Government of Maharashtra
And Affiliated to University of Mumbai

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4	2020-21	International Yoga Day 2021(co-ordinately organised by University of Mumbai)	13-14
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6		Poshan Pakhwada event (First Anniversary of Poshan Abhiyaan)	17-18
7		International Conference on Mental Health	19
8	2019-20	Quiz competition (Co-ordination with Universal College of Engineering, Vasai)	21
9		Bhajan Sandhya (Non- Violence Awareness)	22
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Late Shri. Vishnu Waman Thakur Charitable Trust's

VIVA Institute of Technology

Approved by AICTE, DTE and Affiliated to University of Mumbai

Shri. Hitendra V. Thakur
President

Ms. Aparna P. Thakur
Secretary

Dr. Arun Kumar
Principal

Ref. No. : VIVA / VIT / 1184 / 2021-22

Date : 6/4/22

To,
The Station Master,
Virar Railway Station,
Western Railway,
Virar (West),
Tal-Vasai, Dist- Palghar.

Sub: Permission for conducting blood donation drive.

Respected Sir,

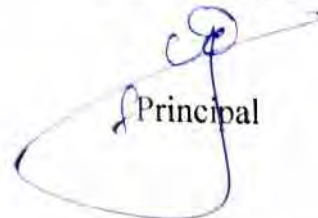
NSS volunteers of our college are willing to conduct a **Blood Donation Drive** in association with Rotary Club of Virar and Jagajivan Ram Railway Hospital blood bank, Mumbai Central (Government blood bank.) at Virar Railway station on 23rd April 2022.

Please do the needful and grant permission to our students.

Thanking you,



Yours faithfully,


Principal



पश्चिम रेलवे



FDA LIC. No.: 28-C/MH/102846

WESTERN RAILWAY

JAGJIVAN RAM HOSPITAL (WESTERN RAILWAY) BLOOD BANK

Maratha Mandir Road, Mumbai Central (E), Mumbai-400 008. • Tel.: 022-67643270

CERTIFICATE

Jagjivan Ram Hospital (Western Railway) Blood Bank feels honored to felicitate

VIVA INSTITUTE OF TECHNOLOGY (VIRAR)

for extraordinary interest and support towards success of blood donation programme

held on 23/04/2022 at VIRAR RAILWAY STATION.

where 80 voluntary blood donation were

made for the sake of humanity.


Medical Officer



Jagjivan Ram Hospital (Western Railway) Blood Centre

Blood Donor List

Camp Date : 23/Apr/2022

Camp : VIRAR CAMP (23 APRIL 2022)

Organiser : ROTARY CLUB OF VIRAR

Page 1 of 3

SN	Donor ID	Donor Name	Blood Group	Mobile No.	Email-ID
1	JRHB22-C1406	NEERAJ MAHAMUNKAR	AB Pos	8551964979	
2	JRHB22-C1407	VIVEK MAURYA	A Pos	8625092774	
3	JRHB22-C1408	KATKAR Y SHRIKANT	AB Neg	7400147845	
4	JRHB22-C1409	RADHAKRISHNA SHUKLA	B Pos	8156039365	
5	JRHB22-C1410	SHANTILAL S PARMAR	B Pos	9960041486	
6	JRHB22-C1391	AMAR MARUDKAR	A Pos	7057534787	
7	JRHB22-C1392	NINAD NAMDEV KATE	O Pos	8691942792	
8	JRHB22-C1393	ASOK PENERKAR	O Pos	8149644558	
9	JRHB22-C1394	SHRIKANT C PANCHAL	B Pos	7057211499	
10	JRHB22-C1395	MAHESH SHITALE	A Pos	9527217596	
11	JRHB22-C1396	ASLAM ZARIWALA	A Pos	9967212562	
12	JRHB22-C1397	SAGAR TAMBE	O Pos	9967838066	
13	JRHB22-C1398	MANISH MOHAN KHADPE	B Pos	8698420259	
14	JRHB22-C1399	PRIYANSHU PAL	O Pos	8668582355	
15	JRHB22-C1400	SARTHAK VERMA	A Pos	7300311505	
16	JRHB22-C1401	SAURABH VISHWAKARMA	O Pos	9137521454	
17	JRHB22-C1402	UTKARSH MISHRA	O Neg	8928305599	
18	JRHB22-C1403	ARSALAN SALIM SHAIKH	B Pos	9158263890	
19	JRHB22-C1404	TAPAS DAS	AB Pos	7676793455	
20	JRHB22-C1405	MANGESH KALAMBATE	O Pos	8446108191	
21	JRHB22-C1381	ASHISH RANE	B Pos	9588639275	
22	JRHB22-C1382	OMKAR CHIKHALE	A Pos	9768414403	
23	JRHB22-C1383	RAM GOPAL PANDEY	O Pos	8291620919	
24	JRHB22-C1384	CHANDAN S SINGH	O Pos	9145660779	
25	JRHB22-C1385	DIPESH GURAV	O Pos	8208034257	
26	JRHB22-C1386	GANESH P SATPUTE	A Pos	7304062633	
27	JRHB22-C1387	HARSHAD G PARDALE	B Pos	9209395202	
28	JRHB22-C1388	AMIT ROY	A Pos	7977738595	
29	JRHB22-C1389	KALPESH SAVE	O Pos	9867312118	
30	JRHB22-C1390	RAKESH SHARMA	O Pos	9833626626	
31	JRHB22-C1331	SATISH CHAUGULE	B Pos	9594648427	
32	JRHB22-C1332	NAGESH RAM	O Pos	7304075667	
33	JRHB22-C1333	ARPIT SHARMA	O Pos	9325446502	
34	JRHB22-C1334	USMAN BALMANI	B Pos	8669825854	
35	JRHB22-C1335	ARTAN LOBO	B Pos	8087676534	

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Jagjivan Ram Hospital (Western Railway) Blood Centre

Blood Donor List

Camp Date : 23/Apr/2022

Camp : VIRAR CAMP (23 APRIL 2022)

Organiser : ROTARY CLUB OF VIRAR

Page 2 of 3

SN	Donor ID	Donor Name	Blood Group	Mobile No.	Email-ID
39	JRHB22-C1339	ANIL B MISHRA	O Pos	8087942099	
40	JRHB22-C1340	YATESH THAKUR	O Pos	7769048153	
41	JRHB22-C1341	RAHUL .	AB Pos	9910156341	
42	JRHB22-C1342	JAYANTILAL BHATI	A Neg	9270358865	
43	JRHB22-C1343	SUNIL V VADU	A Pos	9325966317	
44	JRHB22-C1344	AJAY S CHALKE	A Pos	8805034906	
45	JRHB22-C1345	SACHIN YADAV	A Pos	7767014346	
46	JRHB22-C1346	DHANANJAY MANDWEKAR	A Pos	8090709883	
47	JRHB22-C1347	GIRISH LOKHANDE	A Pos	9307482798	
48	JRHB22-C1348	DHEERAJ VISHWKARMA	B Pos	7387279435	
49	JRHB22-C1349	SHIVANG R PANDEY	O Pos	9359142308	
50	JRHB22-C1350	VIRAJ PENDURKAR	O Pos	9970441325	
51	JRHB22-C1351	VIRENDRA KUMAR SAHANI	O Pos	9518707603	
52	JRHB22-C1352	ANKIT GURAV	O Pos	8446570168	
53	JRHB22-C1353	AYUSH BHARMA	B Pos	7218632586	
54	JRHB22-C1354	LAV VISHWAKARMA	B Pos	9172527215	
55	JRHB22-C1355	BUPENDRA MEENA	B Pos	8518053316	
56	JRHB22-C1356	SANTOSH GHOLAP	B Pos	9167033930	
57	JRHB22-C1357	KIRTEY ROHIT SANJAY	B Pos	9082926124	
58	JRHB22-C1358	PRAKASH .	O Pos	9970266329	
59	JRHB22-C1359	SACHIN S SHIRODHAR	A Pos	8983588545	
60	JRHB22-C1360	VIKASH VISHWAKARMA	B Pos	8097377661	
61	JRHB22-C1361	AMAN PANDEY	B Pos	9765641733	
62	JRHB22-C1362	CHIRAG PUROHIT	B Pos	7666434982	
63	JRHB22-C1363	KRISHNA C SEMWALA	A Pos	8097162248	
64	JRHB22-C1364	PRAVIN JOBHI	O Pos	9495969925	
65	JRHB22-C1365	HIMANSHU SANKHE	A Pos	8999112074	
66	JRHB22-C1366	RAHUL SHELKA	B Pos	8390441146	
67	JRHB22-C1367	VIRAL PATEL	AB Pos	9545679876	
68	JRHB22-C1368	YASH SETA	O Pos	9665440505	
69	JRHB22-C1369	AMIT P SHINDE	B Pos	8857056503	
70	JRHB22-C1370	PARSHURAM .	A Pos	7719907963	
71	JRHB22-C1371	CHETAN MISTRY	O Pos	9220571032	
72	JRHB22-C1372	HUBBAIN SHAIKH	O Pos	7558552606	
73	JRHB22-C1373	PRAKTAN KINI	O Pos	9322550358	
74	JRHB22-C1374	GOPAL ARORA	B Pos	9022601342	

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Jagjivan Ram Hospital (Western Railway) Blood Centre
Blood Donor List

Camp Date : 23/Apr/2022

Camp : VIRAR CAMP (23 APRIL 2022)

Organiser : ROTARY CLUB OF VIRAR

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SN	Donor ID	Donor Name	Blood Group	Moblle No.	Email-ID
77	JRHB22-C1377	RAHUL BHALERAO	A Pos	8691977384	
78	JRHB22-C1378	ROOPESH KUMAR TANTI	B Pos	8981388836	
79	JRHB22-C1379	VIJAY G RAUT	AB Pos	9270080951	
80	JRHB22-C1380	KRISHNA V JAISWAL	B Pos	9021279805	




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पश्चिम रेलवे
Western Railway

JAGJIVAN RAM HOSPITAL (W.Rly),
Maratha Mandir Marg, Mumbai Central – 400 008.

To,
The Principal
Viva Institute of Technology
At. Post. Shirgaon, Virar (E)
Tal. Vasai, Dist. Palghar-401305

Date: 26/04/2022

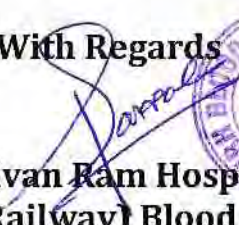
Dear Sir / Madam

We express our sincere Thanks and appreciation for Organizing Blood Donation Camp at Virar Railway Station on 23th April 2022.

We were able to collect **(80 Units)** of blood in this camp. Blood Camps became successful with your management appreciate support only. Please note that all the collected Blood will be given free to our Hospitalized patients. We will be happy to help you when blood is needed by your Organization.

Thanking You.

With Regards


Jagjivan Ram Hospital
(Western Railway) Blood Centre
Mumbai Central



Vishnu Waman Thakur Charitable Trust's
VIVA INSTITUTE OF TECHNOLOGY

Shirgaon, Virar (E), Taluka-Vasai, District-Palghar-401305

March 3, 2022.

APPEAL

"This Women's Day Celebrate Womanhood by "Sharing and Caring"

The NSS unit in association with the Women Development Cell of VIVA Institute of Technology is conducting a **"Sharing Is Caring"** drive on 8th March 2022 on the eve of International Women's Day. The campaign will be aiming to donate sanitary napkins to teenage girls and women of the Adivasi sector, Shirgaon village nearby our college campus. Female menstruation is still considered a social taboo. The ones who are aware of it are not open to talking about it. Our mission is to raise awareness of the Female menstruation cycle and bring it out in the open. Through this drive, we will be trying to make young girls aware about their menstrual cycles are normal, natural, and a sign of good health.

Therefore, we need your support to make the mission of this drive successful. It is our humble request to all the students, teaching and non-teaching staff to donate sanitary napkins for such a wonderful and noble cause. Our volunteers will be available in the college library on Monday, 7th March 2022 in the time slot of 8.30 a.m to 1.30 p.m to collect the sanitary napkins.

For any details kindly contact:

Mr Ashish Shetty, Civil Department (8793298332)

Dr. Trupti Patil, H & S Department (8999765098)



Ashish Shetty 3/3/22
Mr. Ashish Shetty
National Service Scheme

Trupti Patil 3/3/22
Dr. Trupti Patil
Women Development Cell

Arun Kumar 03.3.2022
Dr. Arun Kumar
Principal

08 March 2022,

“ This women’s day celebrate womenhood by “ Sharing and Caring”

NSS unit of VIVA Institute of Technology in association with Women Development Cell organised an event "Sharing is Caring". On 08/03/2022 our volunteers had arranged a sanitary pad donation campaign in the campus. *Student and Faculties donated over 250 packets of Sanitary Pads*.

These pads were then donated to women's of Kumbharpada Village, Shirgaon (Virar East) on the occasion of International Women's Day.

Also, volunteers interacted with the village women and discussed about the stigma related to Menstruation, how they should take care of the hygiene during the menstrual cycle days.





Event : Sharing and Caring on 08/03/2022



Report Writing

Constitution Day Event 2021.

NSS, 26th December 2021

NSS Volunteers of VIT prepared a video on the occasion of constitution of constitution day is celebrated in our country to pay homage for formation of our constitution . So on 25th November senior year volunteer took a meeting through gmeet and came to conclusion that we will be preparing a video and raise awareness on National Constitution day , So we all shared our video and with help of technical team will managed to crate a video on the occasion . In the video we read out the preamble of our constitution and every citizen must know the preamble of our country . And thus to raise the awareness we prepared a video for same . Our video was shared o our intagram account and twitter handle of our NSS page . It was a collective efforts of the volunteers and we also shared this video with our family . friends and colleagues and batch mates .

Thankyou





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CHATRAPATI SHIVAJI MAHARAJ SHIVSWARAJ DAY EVENT

2021

NSS. 08th June 2021:

NSS Volunteers of Viva Institute of Technology attended a session on “INTERNATIONAL DAY OF YOGA 2021” coordinately organized by University of Mumbai, HSNC University, HSNC boards & kaivalyadhama on 08th June 2021 Tuesday . The training session was conducted by kaivalyadhama on zoom platform for selected 800 volunteers on 4 different zoom links . Our 30 volunteers were part of the INTERNATIONAL YOGA DAY celebration and other student where made relayed on YouTube channel. So firstly to participate in the training session we were required to register on link given to us in the whatsapp group . It was a training session which was designed by ministry of AYUSH for physical and mental development of students . We were made to do different types of yoga asanas and we were also intimated about the benefits gained by each of them . He also told us that practising yoga and meditation on daily basis is very important for functioning of active mind and body . At the end solutions to our problems were given on the related context . It was a helpful session for all the volunteers

Thank You










INTERNATIONAL DAY OF YOGA -2021

JOINTLY ORGANIZED BY

UNIVERSITY OF MUMBAI, HSNC UNIVERSITY HSNC BOARD & KAIVALYADHAMA

On 15th, 16th, 20th and 21st June the training sessions will be conducted by Kaivalyadhama on ZOOM platform for selected 800 volunteers on 4 different ZOOM links.
For other volunteers it will be relayed on YouTube channel.
For participation in these training sessions, students will have to register on following link

[TO REGISTER CLICK HERE](#)

On 17th, 18th and 19th June, the participants are expected to attend the three days course designed by Ministry of AYUSH
For this course, students have to register on the following link

[TO JOIN THE THREE DAY COURSE CLICK HERE](#)

YOGA DAY celebration



EFFECT OF LEGAL PROVISIONS ON WOMEN EMPOWERMENT AND JUVENILES.

2021

NSS. 9 April 2021:

NSS Volunteers of Viva Institute of Technology attended a State level Webinar conducted by NSS unit of Shankar Narayan College of Commerce Arts and Self Finance courses, Bhayandar, Thane on “Effect of Legal Provision on Women Empowerment and Juveniles.” This event was conducted by via online platform on zoom meeting at sharp 11:30 am and lasted for 1 hour. There were around 30 volunteers from our unit who attended the session. The meet started with the Introduction on Women Empowerment and various steps taken by the government in recent times to strengthen, educate and empower women of our nation. The speaker for the webinar was Advocate Manjula Biswas, High Court and member of Mahila Ashyaksht samiti. The role of women was explained briefly in the webinar by the speaker. Therein between the event there was also a song sung by a volunteer which was dedicated to Mahila Shakti of our nation and also accompanied by a speech given by a fellow volunteer from S.N. College. After which principle of S.N. College Dr. V. N. Yadav delivered a speech showcasing the scheme which are provided by the government to ensure the empowerment of Women in nation. Also, speaker Ms. Manjula gave us some information regarding the act which are for safety of Women and some practical method which can be applied in Self Defense. Atlast the program officer of college Prof. Chandrakant proposed the vote of thanks and official ended the event. We also received certificates for attending the session. It was indeed very informative session.

Thank you.





Women Empowerment Awareness Programme



POSHAN PAKHWADA 2021

NSS. 30 March 2021:

NSS volunteer of VIVA INSTITUTE OF TECHNOLOGY successfully completed Poshan Pakhwada event 2021 on 30th March 2021. There was 25 volunteers present on that day. We doned this event via online platform on Google Meet. Event was conducted at 4pm to 4.30pm. There are few volunteers who presented some information about Poshan Pakhwada. Former Minister of Women and child development, Smt. Maneka Sanjay Gandhi announced that Government will celebrate the First anniversary of Poshan Abhiyaan on 8th March, 2019 by organizing Poshan Pakhawada across the country. The pakhwada will be launched on International Women's Day 8th March, 2019. The hosting of the Event was done by our volunteer Yashodeep katkar, NSS geet was followed by volunteer Prem Sahani. Then volunteer Priya suwarna was presenting a presentation on Poshan Pakhwada. She gave us information about Poshan Pakhwada. Then volunteer Darshana dodekar shared her paintings and gave us information about painting. After this volunteer Chetan sable and volunteer Mayuri khopkar were talking about this event. At the last of event Volunteer Mahesh wankhede took the moment and sang National Anthem and the programe was end very well. So, the event was too good. All the volunteers shows theirs skills in this event.

Thank you.

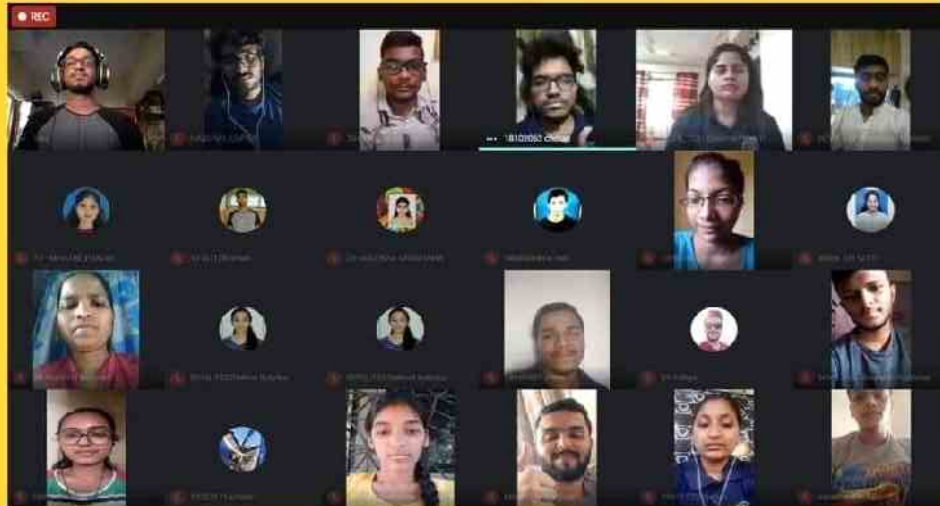




VIVA INSTITUTE OF TECHNOLOGY
&
NATIONAL SERVICE SCHEME
(MUMBAI UNIVERSITY)



POSHAN PAKHWADA 2021



POSHAK PAKHWADA



INTERNATIONAL CONFERENCE ON MENTAL HEALTH

NSS. 10 April 2021:

NSS Volunteers of Viva Institute of Technology attended International Conference on Mental Health which was conducted by a group of Institution of Human Health and Research Sector. It was scheduled on 16th and 17th April 2021 and was explained in two halves by the speaker Dr. Vineeta Pathak. The session lasted for about 1 hour each and detail knowledge about mental health was provided by giving practical example to us. In these pandemic times, it was very tough for a common person to sustain and thus it is important to give attention to our mental health. There were 27 volunteers who attended the conference via. Zoom meeting and live streaming on YouTube. First day was more of an introductory session wherein the theme of the conference and importance of meditation and yoga practice in daily routine was explained to us. The session was very interactive session and speaker personally interacted with our volunteers and taught us the importance of mental health. In between the session there was also some activities which were conducted by the speaker. A person's mental health is as important as its physical health is and it was effectively explained in the session and not only this but we were also trained us on how to tackle a situation if we meet a person who is mentally disturbed. To sum up this was a wonderful session and there were many take aways from this session.

Thank you.



International conference on Mental Health





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13		Beach cleaning at Bhuigaon	27-28
14		Navpada Cleanliness Campaign at Sanjay Gandhi National Park	29
15		School painting at Dahanu	30
16		Bamboo festival	31



REPORT WRITING

Quiz Competition

NSS. 28 September 2019:

NSS volunteer of VIVA INSTITUTE OF TECHNOLOGY successfully completed Quiz competition event 2019 on 28th September 2019. There were 4 volunteers present on that day. The event was conducted at Universal College of Engineering, Vasai. It was conducted from 8 am till 4 pm. There were two teams in groups of 2 out of the volunteers that participated out of which one team managed to go till the final round and manage to secure the bronze medal (third place) in this competition. The quiz consisted of various questions relating to NSS. The four volunteers were, namely, Pawan Pujari, Saurabh Pandey, Divyata Thakare, and Priya Suvarna. The volunteers got to learn many new things in this quiz competition regarding formation of NSS, its principals and other aspects of it. At the final minutes of the event, NSS volunteers from Universal College of Engineering along with NSS volunteers of VIVA Institute of Technology took the moment and sang the National Anthem and the programme concluded very well. All in all, the event was a success and all the volunteers showed their skills and got to learn something new in this event.

Thank you.



BHAJAN SANDHYA

2nd October 2019



NSS Volunteers of Viva Institute of Technology on the occasion of Mahatma Gandhi 150th Jayanti and International Day of Non-Violence attended a Bhajan Sandhya event organized by University Of Mumbai at Gateway of India. All the volunteers first assembled at Churchgate station at 4pm, from there all the volunteers went to Gate Way of India by walking. The event started at 5pm with prayers, bhajan, peace songs, etc. NSS volunteers from various other colleges were also present and some even performed on stage with various famous Singers. Out of all the performances the volunteers whole heartedly enjoyed the 'Chadhta Suraj Dheere Dheere Dhalta Hai Dhal Jaayega' by Fateh Ali Khan. The event was conducted with all the volunteers taking pledge. All in all it was a very joyous event which every volunteer enjoyed whole heartedly.



Book Donation Camp

11/10/2019 & 14/10/2019



On the 11th and 14th of October 2019, NSS volunteers from Viva Institute of Technology successfully hosted a book donation camp in the college library. On the abovementioned dates, two volunteers were present in the library from 10:30 a.m. to 4:30 p.m. to collect books. Volunteers created banners to raise awareness about the book donation camp. Students from almost all of the college's branches, as well as the college's personnel, donated books. The books supplied vary from the Bhagwat Geeta to school textbooks, narrative books to Marathi magazines, Manorama to JEE examinations, as well as motivational and inspirational books. A total of 600+ books were collected by the end of the two-day programme.



ROAD SAFETY RALLY

NSS 6th December 2019:



NSS volunteers of VIVA Institute of Technology successfully completed Road Safety Rally At 90ft road to Manvelpada on 6th January 2019. There were __ volunteers present for the event. The rally was conducted from 10:30 AM to 12:30 PM. The volunteers were instructed to reach collage at 8:45 AM.

The motive behind organizing the rally was to develop the student as a national power, to make them think about development, in which road safety plays an important role. The objective of the rally was to bring the students to the traffic road safety information to all the people.

At the rally, the students were walking along the slogans while chanting slogans with sarcasm. The students shouted out the slogans about road safety. It was not only about two wheelers but also for the drivers who drive four wheelers.





It was a successful event wherein the students also interacted with the citizens.
This event was completed under the supervision and permission of Traffic Police Virar.



Dhana pani beach cleaning on 03/01/2020

NSS volunteer of **VIVA INSTITUTE OF TECHNOLOGY AND PHARMACY, VIRAR** conducted a **BEACH CLEANING DRIVE AT DHANA PANI BEACH, MALAD WEST MUMBAI**. A total 18 volunteers participated in the cleaning activity which started at 8.00 am and completed by 11.00 am.

We completed this Beach cleaning drive under the guidance of **AFROZ SHAH** who is an **INDIAN ENVIRONMENTAL ACTIVIST** and lawyer from mumbai



Dhana pani Beach Cleaning



BEACH CLEANING AT BHUIGAON BEACH

NSS 8th January 2020:



NSS volunteers of VIVA Institute of Technology successfully completed Beach Cleaning At Bhugaon Beach on 8th January 2020. There were __ volunteers present for the event. The cleaning was conducted from 7:30 AM to 10:30 AM. The volunteers were instructed to reach Vasai Railway Station at 7:00 AM and from thereon the volunteers reached the location by rickshaw within 20 minutes.

A major amount of waste that was collected from the cleaning consisted of polythene bags, food wrappers and glass bottles. Different types of waste that were abandoned, dumped and buried deep into the sands were carefully removed, handled and properly collected by the volunteers. Some of these wastes were very difficult to remove indicating the long period of time for which the waste was buried into the sand. The polythene bags that, at the first instance, looked easy to remove from the surface itself, was actually just 5% of what was entirely and deep-rootedly buried. Unfortunately, wastes like these could not be fully removed, given the depth at which they had sunk into the sand. Instances like these made the volunteers even more aware of the dire fact that beach cleaning was a very important need of the hour. The volunteers were happy to participate in an event like this and were looking forward to working for more such events.





Bhuigaon Beach cleaning

Navpada Cleanliness Campaign at Sanjay Gandhi National Park – Borivali East

27/02/2020



NSS volunteers of VIVA Institute of Technology successfully completed the cleanliness drive at Navpada, Sanjay Gandhi National Park, Borivali East. The drive was accompanied by in total of 23 volunteers, the drive started at 2:30pm and was over by 4:30pm. The event was carried out along with Eco Awaken Group. The volunteers reached the location via walking from Borivali Station (East) which took roughly around 10 minutes.

The main objective of the drive was to collect all the waste lying around the forest area which included plastics, glass, etc. The activity started with an introductory speech by Forest officials along with the Eco Awaken group, in which the volunteers also joined and gave their valuable inputs regarding different waste disposal techniques.

After the briefing the volunteers were divided in sub groups and were taken inside the village for the cleanliness drive, after two hours of dedicated hard work a total of 20 bagful of waste was gathered and disposed off safely with the help of the host i.e. Eco Awaken group, at the end the volunteers were served with refreshments which was indeed much deserved.



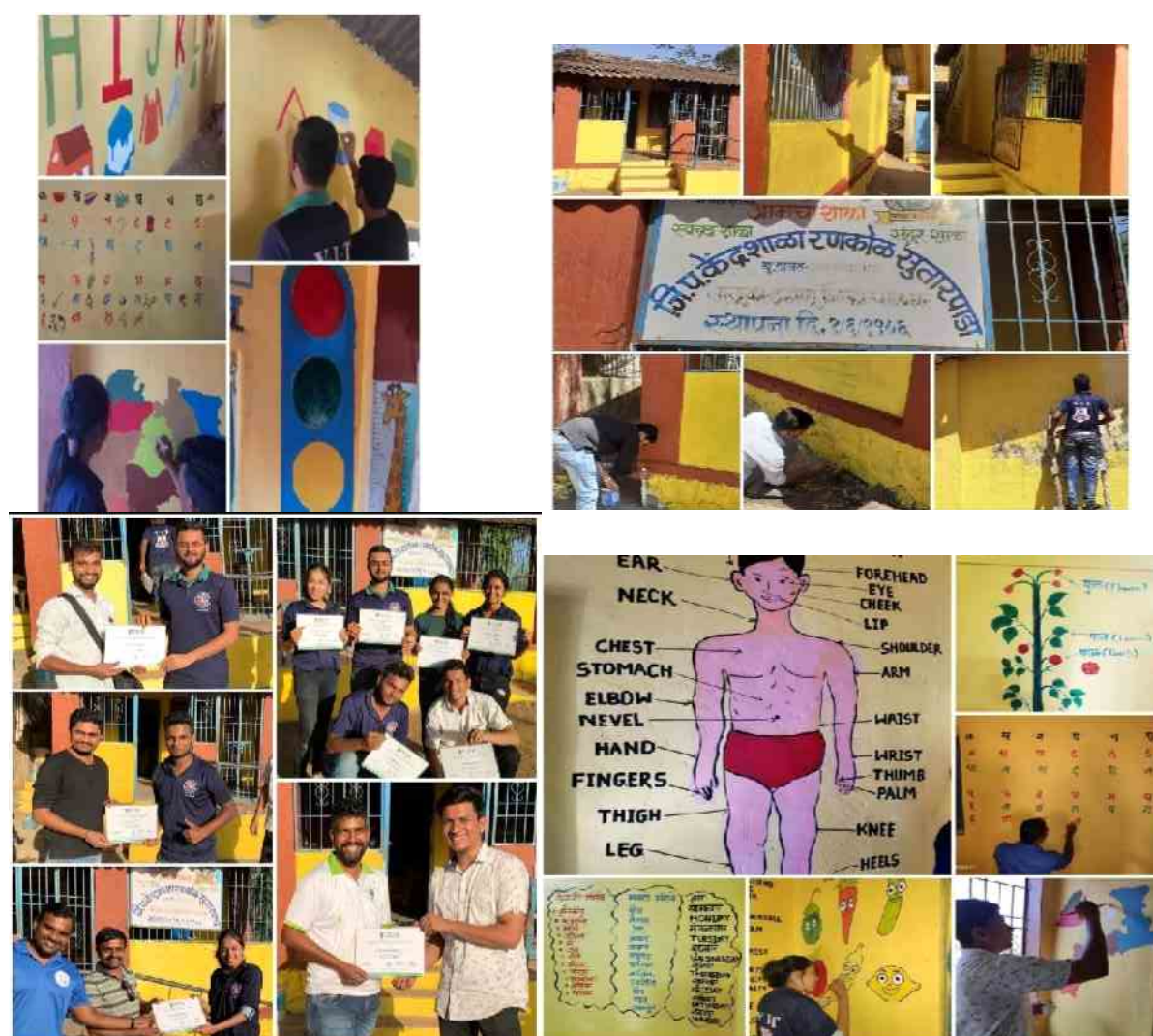
SCHOOL PAINTING AT DAHANU , 14/03/2020

NSS VOLUNTEER OF VIVA INSTITUTE OF TECHNOLOGY SUCCESSFULLY COMPLETED SCHOOL PAINTING AT ZILLA .PARISHAD SCHOOL AT RANKOOL VILLAGE TALUKA DAHANU DISTRICT PALGHAR. WITH THE ASSISTANCE OF PENS FOUNDATION ON 14/03/2020. WE WERE TOTAL 6 VOLUNTEERS FROM NSS TEAM. WE STARTED OUR WALL PAINTING WORK FROM 10.00 AM TILL 4.00 PM .

GUIDANCE WAS PROVIDED BY EVENT COORDINATOR AND PENS FOUNDATION TEAM .

THE WALL PAINTING WAS DONE TO EXPLAIN SCHOOL STUDENTS WITH GOOD CONCEPTS FOR EG.ALPHABETS , PLANTS , NUMBER SERIES, HUMAN BODY PARTS, WEEKS.WE ALSO DRAWN SOME SLOGANS FOR GOOD VALUES .

WE WERE APPRECIATE WITH CERTIFICATES FROM PENS FOUNDATION AND VOTE OF THANKS FROM SCHOOL TEACHERS AND CO-ORDINATOR. HENCE, VOLUNTEERS WERE HAPPY TO PARTICIPATE FOR EVENT. THANKYOU!!!!



BAMBOO FESTIVAL (GOVERNOR MEET)

05/03/2021



On 5th march, 2021 NSS volunteers of VIVA INSTITUTE OF TECHNOLOGY had visited the bamboo festival at village near virar. At the festival, Governor Bhagat Singh Koshiyari had also attended the festival. People of the village welcomed governor with their folk dance taarpa. Many articles and things which are used in day-to-day life like bottles, table etc were made up of bamboo by the villagers and exhibited at the festival. At the festival volunteers also had meet and greet with governor.





Vishnu Waman Thakur Charitable Trust's
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3.4.3. Number of extension and outreach Programmes conducted by the institution through NSS/ NCC/ Red Cross/ YRC etc., (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. and/or those organised in collaboration with industry, community and NGOs during the last five years

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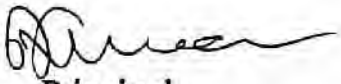
Ref. No.VIVA VIT / 739A/2018-2019

Date: 21 / 01 / 2019

NOTICE

On the Occasion of 'National Voters Day' VIVA Institute of Technology has ~~been~~ organized activity on "Voters Day" on 25/01/2019 from 10.00 am to 4.00 pm. All the students of VIVA Institute of Technology informed to participate in this program.




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2018-2019

VOTERS DAY

On 25th January 2019 VIVA Institute of Technology successfully completed activity “Voters Day”. There were about 31 volunteers were present on that day. The main purpose of the National Voters Day celebration is to encourage, facilitate and maximize the enrolment of new voters. Dedicated to the voters of the country, the day is utilized to spread awareness among voters and for promoting informed participation in the electoral process. It also focuses on all activities meant to generate voter awareness, there by leading to voter empowerment and eventually strengthening participatory democracy in India, with particular emphasis on participation of youth.



Voters Day





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Ref. No. VIVA VIT / 749A / 2018-2019

Date: 02 / 02 / 2019

NOTICE

All the students of VIVA Institute of Technology are here by informed that activity on the “**Blood Donation Camp**” has been organized on 08/02/2019 from 10.00 am to 4.00 pm.

Venue: Ground Floor, Pharmacy Building, Shirgaon, Virar (East)



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BLOOD DONATION

VIVA Institute of Technology successfully completed “Blood Donation” activity on 08 February 2019. There were about 31 volunteers were present on that day. A team of two doctors and ten staff came for blood collection. By donating blood, we will be able to save the lives of people who are in need of blood. By organizing blood donation camps, we will be able to control shortage of blood to some extent in the hospitals. The students who have donated blood have been congratulated by the Principal and Staff. The event was conducted from 9 am till 4 pm. At the final minutes of the event, volunteers of VIVA Institute of Technology took the moment and sang the National Anthem and the programme concluded very well.



Blood Donation Camp





Blood Donation





Late Shri. Vishnu Waman Thakur Charitable Trust's

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Ref. No.VIVA VIT / 7017 / 2018-2019

Date: 19 / 09 / 2018

NOTICE

All the students of VIVA Institute of Technology are here by informed that
“ Swachh Bharat Abhiyan ” program has been organized on 24/09/2018 from
10.00 am to 4.00 pm.



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SWACH BHARAT ABHIYAN

On 24th Sept 2018 VIVA Institute of Technology successfully completed “Swatch Bharat Abhiyan” activity on. Around 27 students were involved in this activity. The **VIVA** volunteers participated in creating awareness among public, informing them about the importance of cleanliness through posters. The volunteers were grateful for having been taught the ways of segregating dry and wet waste. The students also took the initiative to clean the surroundings of vicinity. The event was conducted from 9 am till 4 pm. At the final minutes of the event, volunteers of VIVA Institute of Technology took the moment and sang the National Anthem and the programme concluded very well.



Swach Bharat Abhiyan





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Ref. No. VIVA VIT / 709A/2018-2019

Date: 12 / 10 / 2018

NOTICE

All the students of VIVA Institute of Technology are hereby informed that "Swine flu preventive measures awareness program" has been organized on 16/10/2018 from 10.00 am to 4.00pm




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SWINE FLU PREVENTIVE MEASURES AWARENESS PROGRAM

VIVA Institute of Technology successfully completed “Swine flu preventive measures awareness program” event on 16th October 2018. There were 29 volunteers present on that day. The event was conducted at Vasai. It was conducted from 9 am till 4 pm. At the final minutes of the event, volunteers of VIVA Institute of Technology took the moment and sang the National Anthem and the programme concluded very well. All in all, the event was a success and all the volunteers showed their skills and got to learn something new in this event.



Swine flu preventive measures awareness program





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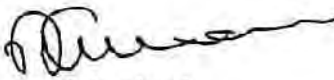
Ref. No. VIVA VIT / 689 A / 2018-2019

Date: 21 / 08 / 2018

NOTICE

All the students of VIVA Institute of Technology are here by informed that "Kerala flood Relief" activity has been organized on 27/08/2018 from 10.00 am to 4.00pm




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KERALA FLOOD RELIEF

VIVA Institute of Technology successfully completed “Kerala flood Relief” activity on 27th August 2018. There were 30 volunteers present on that day. Students gathered in campus and collected necessary food, clothes and medicine and other necessary items and provided to different camps located at Vasai. The event was conducted at Vasai. It was conducted from 9 am till 4 pm. At the final minutes of the event, volunteers of VIVA Institute of Technology took the moment and sang the National Anthem and the programme concluded very well.



Kerala flood Relief





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3.4.3. Number of extension and outreach Programmes conducted by the institution through NSS/ NCC/ Red Cross/ YRC etc., (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. and/or those organised in collaboration with industry, community and NGOs during the last five years

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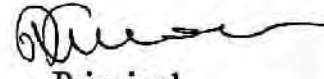
Ref. No.VIVA VIT /610A /2017-2018

Date: 09 /01 /2018

NOTICE

On the Occasion of Road Safety Celebration week VIVA Institute of Technology has been organized program on "Awareness - How to prevent Road Accidents" on 15/01/2018 from 10.00 am to 4.00 pm. All the students of VIVA Institute of Technology informed to participate in this program.




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2017-2018

AWARENESS - HOW TO PREVENT ROAD ACCIDENTS

On 15th January 2018 VIVA Institute of Technology successfully completed activity “Awareness - How to prevent Road Accidents” on. There were about 31 volunteers were present on that day. The program was initiated to create awareness about the road safety measures so that it will benefit the society on a long run. A few places were identified for the event. Some of our Volunteers had met the members who were travelling on the road and gave some precautions about road safety like wearing helmet, don't use phone while driving, don't drink and drive, drive very slow and follow traffic rules, due to which accidents are likely to occur. They met the people and distributed the pamphlets and made them aware of importance of Road Safety and effect of accidents.



Awareness - How to prevent Road Accidents





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Ref. No.VIVA VIT / 629A/2018-2019

Date: 19 / 03 / 2018

NOTICE

All the students of VIVA Institute of Technology are here by informed that
“ Global Recycling Day (Waste Material Management Awareness) program”
has been organized on 23/03/2018 from 10.00 am to 4.00pm




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WASTE MATERIAL MANAGEMENT AWARENESS PROGRAM

On 23rd March 2018 VIVA Institute of Technology successfully completed “Global Recycling Day (Waste Material Management Awareness) program” Around 31 students were involved in this activity. During the event our VIVA volunteers addressed the people about the importance and necessity of Solid Waste Management System. The problems caused by the solid waste, the goal of Solid waste management system, best practices to manage the solid waste, the types of solid waste management system and the steps involved in solid waste management systems. The event was conducted from 9 am till 4 pm. At the final minutes of the event, volunteers of VIVA Institute of Technology took the moment and sang the National Anthem and the programme concluded very well.





Awareness about Solid Waste Management





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Ref. No.VIVA VIT /603A /2017-2018

Date: 24 /11 /2017

NOTICE

All the students of VIVA Institute of Technology are here by informed that activity on the "Spread Awareness among People to fight against HIV and AIDS-related illness" has been organized on 01/12/2017 from 10.00 am to 4.00 pm.



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SPREAD AWARENESS AMONG PEOPLE TO FIGHT AGAINST HIV & AIDS-RELATED ILLNESS

On 1st December 2017, “Spread Awareness among People to fight against HIV & AIDS-related illness” activity was successfully completed by VIVA Institute of Technology. Around 28 students were involved in this activity. The objective of the programme was to create awareness among the volunteers about the symptoms, causes and preventives of HIV/AIDS. During the event, volunteers gave various slogans, presented some posters related to awareness of AIDS Day. The event was conducted from 9 am till 4 pm. At the final minutes of the event, volunteers of VIVA Institute of Technology took the moment and sang the National Anthem and the programme concluded very well.



Spread Awareness among People to fight against HIV & AIDS-related illness



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Ref. No. VIVA VIT / 5478 / 2017-2018

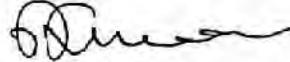
Date: 08 / 07 / 2017

NOTICE

All the students of VIVA Institute of Technology are here by informed that activity on the "Tree Plantation" program has been organized on 14/07/2017 from 10.00 am to 4.00 pm.

Venue : VIVA Institute of Technology Campus




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TREE PLANTATION

On 14th July, 2017 VIVA Institute of Technology successfully completed the event of Tree Plantation under the National Service Scheme at college campus. Around 31 students were involved in this activity. Trees are the foremost source for producing the oxygen in environment, they help to reduce the level of CO₂. As we all know that the whole world is facing the problem of global warming and to recover from such problem planting the trees is become one of the most important aspects today. The purpose of tree plantation is to save the endangered environment and to beautify our life. Trees are valuable gifts of nature. They are known as the best friends of human beings. The event was conducted from 9 am till 4 pm. At the final minutes of the event, volunteers of VIVA Institute of Technology took the moment and sang the National Anthem and the programme concluded very well.





Tree Plantation





Late Shri. Vishnu Waman Thakur Charitable Trust's
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Ref. No. VIVA VIT / 579 A / 2017-2018

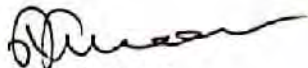
Date: 31 / 08 / 2017

NOTICE

All the students of VIVA Institute of Technology are here by informed that activity on the "Beach Cleaning" activity has been organized on 06/09/2017 from 9.00 am to 4.00 pm.

Venue: Bhuigaon Beach




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BEACH CLEANING

VIVA Institute of Technology successfully completed Beach cleaning activity on 06th Sept.2017. There were about 30 volunteers were present on that day. VIVA Volunteers collected large number of a Plastic covers and wastages and kept the Beach area clean. The major objectives of the initiative are to create awareness about cleanliness, preservation of the environmental hygiene and prevention of use of plastic and protection of marine life. The event was conducted from 9 am till 4 pm. At the final minutes of the event, volunteers of VIVA Institute of Technology took the moment and sang the National Anthem and the programme concluded very well.





Beach Cleaning





3.4.3. Number of extension and outreached Programmes conducted by the institution through NSS/ NCC/ Red Cross/ YRC etc., (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. and/or those organised in collaboration with industry, community and NGOs during the last five years

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1.4		Day 4 (24/03/2022): Guest lecture on 'Consumer Rights'	9 – 10
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PRINCIPAL
 VIVA INSTITUTE OF TECHNOLOGY



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A REPORT ON SEVEN DAYS NSS CAMP (21.03.2022 TO 27.03.2022)

**“NOT WE, BUT YOU”
ORGANIZED BY
THE NSS UNIT
OF**

**VIVA INSTITUTE OF
TECHNOLOGY**



NSS RESIDENTIAL CAMP

21 March, 2022

Day-01

The NSS residential Camp was Conducted for the NSS Volunteers of VIVA Institute of Technology & Pharmacy. 25 Volunteers from Technology and 25 from Pharmacy were selected from the unit to Come to camp. The camp was organized at Bhatane Village, Vasai. The Camp was Scheduled from 20 March to 26 March. Prof. Ashish Shetty & Prof. Sachinkumar Pandey were there with us throughout this camp period to guide us.

All volunteers gathered at Virar station at 8 am. And from Virar station bus were arranged for us to reach to village. Around 12 pm we reached at bhatane Village. A separate farmhouse were there for boys and girls to stay. After getting fresh all volunteers were instructed to come together. And after that Ashish sir and sachin sir gave us a detailed Information about camp and also told us rules & regulations which we have to follow throughout these camp. And after that Volunteers were divided into three groups. One group will be performed kitchen duty, second group will be performing cleaning duty and third team will be performing street play at village. And these duties will be getting swapped every day. So after that we all started our work which was assigned for our team. Around 2 pm we all gathered for lunch. Delicious food were prepared by kitchen team for all of us. After having lunch some volunteers were getting prepared for street play. At 4 pm



Volunteers went to thalachya pada for street play. Villagers enjoyed a streetplay a lot. At 8 pm volunteers gathered for lunch. And after having lunch all volunteers after finishing their work went to farmhouse for Sleeping. And our day 1 ended.



NSS RESIDENTIAL CAMP

22 March, 2022

Day 02

The second day of NSS residential Camp. We all wake up at 5 am and after getting fresh we went for yoga and after that we went for jogging. And kitchen team were making breakfast for all volunteers. After coming from jogging we all gathered for having breakfast at 7 am. And after having breakfast some volunteers went to village for shraamdaan and others were doing cleaning duty in camp premises.

And after doing our duties we all gathered for lunch at 1 pm. Delicious food were prepared by kitchen team for all volunteers. And after lunch at 3 pm guest lecture was arranged for all volunteers. Guest lecture was conducted Mr. Milind Patil on 'Nasha Mukti'. Milind sir explained us causes & harmful effects of smoking. They also explained us how to avoid smoking and what precautions should we take. It was very Informative and helpful session for all of us. And after that volunteers went for streetplay at thalachya pada. And at 8 pm volunteers gathered for lunch. And after having lunch and finishing their own duties volunteers went to farmhouse for sleeping. And our second day ended.





NSS RESIDENTIAL CAMP

23 March, 2022

Day 03

The Third day of NSS residential Camp. We all wake up at 5 am and after getting fresh we went for yoga and after that we went for jogging. And kitchen team were making breakfast for all volunteers. After coming from jogging we all gathered for having breakfast at 7 am. And after having breakfast some volunteers went to village for shraamdaan and others were doing cleaning duty in camp premises.

And after doing our duties we all gathered for lunch at 1 pm. Delicious food were prepared by kitchen team for all volunteers. And after lunch at 3 pm guest lecture was arranged for all volunteers. The lecture was conducted by Mr. Anna kodlaskar Sir on topic of 'need of Scientific Temperament'. In these session sir explained us how some bhondubaba's misguide us by showing some tricks. He also told us a logic behind tricks which these people used to make us fool. It was a very Informative and interesting session. This session changed our mindset. And after attaining guest lecture volunteers went for streetplay at thalachya pada. And at 8 pm volunteers gathered for lunch. And after having lunch and finishing their own duties, volunteers went to farmhouse for sleeping. And our third day ended.





NSS RESIDENTIAL CAMP

24 March, 2022

Day 04

The fourth day of NSS residential Camp. We all wake up at 5 am and after getting fresh we went for yoga and after that we went for jogging. And kitchen team were making breakfast for all volunteers. After coming from jogging we all gathered for having breakfast at 7 am. And after having breakfast some volunteers went to village for shraamdaan and others were doing cleaning duty in camp premises.

Two guest lecture was arranged for all volunteers. Out of which First lecture was of Mr. Gajanan Patil on topic of 'Consumer Rights'. And after this lecture all volunteers gathered for lunch at 1 pm. Delicious food were prepared by kitchen team for all volunteers. And after having lunch one more guest lecture was conducted by Mr. Jagdish Sansari sir on how to performed streetplay. It was very informative session and full of fun & enjoyment. All volunteers enjoyed this session. And after attaining guest lecture volunteers went for streetplay at thalachya pada. And at 8 pm volunteers gathered for lunch. A spicy Chicken was prepared for all volunteers. And after having lunch and finishing their own duties, volunteers went to farmhouse for sleeping. And our fourth day ended.





NSS RESIDENTIAL CAMP

25 March, 2022

Day 05

The fifth day of NSS residential Camp. We all wake up at 5 am and after getting fresh we went for yoga and after that we went for jogging. And kitchen team were making breakfast for all volunteers. After coming from jogging we all gathered for having breakfast at 7 am. And after having breakfast some volunteers went to village for shraamdaan and others were doing cleaning duty in camp premises.

Our District coordinator Mrs. Deepa dalvi mam visited our camp. She listed some important points which we should follow & she also discuss that how these NSS camp will be benefit you in your coming life. And after that we had a lunch at 1pm. The Principal of VIVA institute of pharmacy also visited camp and had a interactive session with all volunteers. In Evening at thalaycha pada various competitions were arranged by our volunteers for childrens of village and tried to spent much more as time they can. Volunteers also visited orphanage and donated clothes, sanitary pads & some food items as well. And at 8 pm volunteers gathered for lunch. A delicious food was prepared for all volunteers. And after having lunch and finishing their own duties, volunteers went to farmhouse for sleeping. And our fifth day ended





NSS RESIDENTIAL CAMP

26 March, 2022

Day 06

The Sixth day of NSS residential Camp. We all wake up at 5 am and after getting fresh we went for yoga and after that we went for jogging. And kitchen team were making breakfast for all volunteers. After coming from jogging we all gathered for having breakfast at 7 am. And after having breakfast some volunteers went to village in zila Parishad school and conducted drawing competition for students and also distributed prizes among winners.

At 1pm we all gathered for lunch. In evening Engineering & Pharmacy volunteers conducted a street play on topic of road safety. And after that we gathered for lunch at 8 pm. And after lunch we had done camp fire also. By using candles map of India was prepared. All Volunteers enjoyed a camp fire a lot. It was a very delightful experience. And by this way our sixth day ended.





NSS RESIDENTIAL CAMP

27 March, 2022

Day 07

The last day of our 7 days NSS residential camp. We all wake up at 5 am and after getting fresh we went for yoga and after that we went for jogging. And kitchen team were making breakfast for all volunteers. After coming from jogging we all gathered for having breakfast at 7 am. After having breakfast we had taken rally in Village. In these rally we listed some important points such as women empowerment, cleanliness, development of country, save girl child, conservation of trees & corruption. We tried to spread awareness as much as we can. Various slogans were made by our volunteers and we were continuously saying slogans throughout village.

After coming from rally we all gathered for lunch. Kitchen prepared a delicious pavbhaji for all volunteers. And after that ice cream was also served by our Program officers. And after that cleaning team done their job and after performing all duties we went for packing. And around 2 pm we departed from camp spot by bus.

How these seven days passed we only don't know. These camp taught us many things like time management, Importance of discipline, how to coordinate & work with different types of people and Importance of Family as well. Such a great and delightful experience it was of 7 days NSS residential camp. And once again thanks to our program officer for Prof. Ashish Shetty



(Tech) & Prof. Sachinkumar Pandey (pharm) for helping and guiding throughout these camp. And Thanks to college also for supporting us and providing good facilities such as food stuffs, water & other facilities and taking care of all volunteers.





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A REPORT ON
SEVEN DAYS NSS CAMP
(24.12.2019 TO 30.12.2019)

“NOT ME, BUT YOU”
ORGANIZED BY
THE NSS UNIT OF
VIVA INSTITUTE OF
TECHNOLOGY



INTRODUCTION:

NATIONAL SERVICE SCHEME popularly known as **NSS** was launched in **Mahatma Gandhi's Birth Centenary Year 1969**, under the **Ministry of Youth Affairs & Sports Govt. of India**. The scheme was launched simultaneously in **37 Universities** involving **40,000 students** with a **primary focus on the development of the personality of students through community service and promotion of national solidarity**.

In India, the idea of involving students in the task of national service dates back to the times of Mahatma Gandhi, the father of the nation. The central theme which he tried to impress upon his student audience time and again was that they should always keep before them, their social responsibility. The first duty of the students should be, not to treat their period of study as one of the opportunities for indulgence in intellectual luxury, but for preparing themselves for final dedication in the service of those who provided the sinews of the nation with the national goods & services so essential to society. Advising them to form a living contact with the community in whose midst their institution is located, Mahatma Gandhi suggested that instead of undertaking academic research about economic and social disability, the students should do "something positive so that the life of the villagers might be raised to a higher material and moral level".

NSS works on the premise that it is possible to awaken the villagers and slum dwellers to their responsibilities and develop in them the confidence, to tackle their common problems with energy, enthusiasm and in a co-operative spirit, based on mutual aid and self-reliance. The role of students is limited as activists, enablers, catalytic agents with wider communities and as programme aids.

The main objectives of the National Service Scheme (NSS) are:

At: Shirgaon
Post: Virar,
Tal.: Vasandar
Dist. Palghar

Understand the community in which they work.

Understand themselves concerning their community.

Identify the needs and problems of the community and involve them in problem-solving

Develop among themselves a sense of social and civic responsibility.

Utilize their knowledge in finding practical solutions to individual and community problems.

Develop competence required for group-living and sharing responsibilities.

Gain skills in mobilizing community participation.

Acquire leadership qualities and democratic attitude.

Develop the capacity to meet emergencies and natural disasters

Practice national integration and social harmony.

MOTTO of NSS "NOT ME, BUT YOU" reflects the essence of democratic living and upholds the need for selfless service and appreciation of other person's point of view and also to show consideration for fellow human beings. It underlines that the welfare of an individual is ultimately dependent on the welfare of society on the whole. Therefore, it should be the aim of NSS to demonstrate this motto in its day-to-day programme.

SPECIAL DAY NSS CAMPING: Special Camping forms an integral part of the National Service Scheme. It has special appeal to the youth as it provides unique opportunities to the students for group living, collective experience sharing and constant interaction with community.

The primary objectives of the special camping programmes are:-

Making education more relevant to the present situation to meet the felt needs of the communities and supplement the education of university/college/school students by bringing them face to face with the community situations.

To provide opportunities to students to play their due roles in the implementation of various development programmes by planning and executing development projects, which not only help in creating durable community assets in rural areas and slums but also result in improvement of the condition of weaker sections of the communities.



Encouraging the students and non-students youth to work along with adults in rural areas, thereby developing their character, social consciousness and commitment, discipline and healthy and helpful attitudes towards the community:

Building up potential youth leaders by exploring the latent potential among the campers, both students as well as local youth (rural and urban), with a view of involving them more intimately in development projects for longer periods. The local leadership generated during the camps would also be useful in ensuring proper maintenance of the assets created as a result of the camps.

Emphasizing the dignity of labour and self-help and the need for combining physical work with intellectual pursuits, and

Encouraging youth to participate enthusiastically in the process of national development, and promote national integration through democratic living and cooperative action.

The objective of this camp was to begin the interface with community, rapport building with community members and developing understanding of the village keeping in view the rationale of village adoption i.e. develop long term institutional relationships with the community and contribution to the upliftment of people therein as well as create awareness among teacher trainees regarding their responsibilities towards the society.

The volunteers participated enthusiastically in the camp under the able supervision of **Prof. Ashish Shetty and Prof. Sachin Pandey**, program coordinators of NSS under the guidance of **Dr. Arun Kumar**, Principal, Viva Institute of Technology and **Ms. Sunita Oghale**, Principal, Viva Institute of pharmacy), Virar. A week-long plan for the special camp was fixed out which is as follow:



Viva Institute Of Technology Schedule For Nss Camp December 2019							
Timings	24th Dec	25th Dec	26th Dec	27th Dec	28th Dec	29th Dec	30th Dec
5:45am	Reporting	Reporting	Reporting	Reporting	Reporting	Reporting	Reporting
6:00am to 7:30am	Yog/Exercise	Yog/Exercise	Yog/Exercise	Yog/Exercise	Yog/Exercise	Yog/Exercise	Yog/Exercise
7:30am to 8:00am	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
8:00am to 12:00pm	Inauguration	Cleanliness drive	Tobacco Awareness	Waste Management	Origami Workshop	Sports Day	Rally
12:00pm to 1:00pm	Personal Hygiene	Personal Hygiene	Personal Hygiene	Personal Hygiene	Personal Hygiene	Personal Hygiene	Personal Hygiene
1:00pm to 2:00pm	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
2:00pm to 3:00pm	Rest	Rest	Rest	Rest	Rest	Rest	Rest
3:00pm to 4:15pm	Guest Lecture	Guest Lecture	Guest Lecture	Guest Lecture			
4:15pm to 4:30pm	Tea Break	Tea Break	Tea Break	Tea Break	Tea Break	Tea Break	Tea Break
4:30pm to 5:30pm	Street Play	Street Play	Street Play	Street Play	Street Play	Street Play	Street Play
5:30pm to 7:00pm	Sports/Games	Cricket/Lagori	Cricket/Badminton	Cricket/Volleyball	Cricket/Khokho	Cricket/Kabbadi	Closing
7:00pm to 9:00pm	Cultural Program	Cultural Program	Cultural Program	Cultural Program	Cultural Program	Cultural Program	
9:00pm to 10:00pm	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
10:30pm	Lights Off	Lights Off	Lights Off	Lights Off	Lights Off	Lights Off	

25 Volunteers of session 2019-2020 turned up and willingly participated in the camp with full cooperation, zeal and enthusiasm

- 1) Krunal Patil
- 2) Chetan Sable
- 3) Varun Sankhe
- 4) Kaustubh Bhoir
- 5) Darshana Dodeker
- 6) Shweta Kamble
- 7) Rutvika Rathod
- 8) Harshal Gupta
- 9) Mihir Nanjiani
- 10) Shilpa Jambhale
- 11) Madhavi Jadhav
- 12) Mayuri Khopkar
- 13) Prachi Mhatre
- 14) Aishwarya Gawandi
- 15) Prem Sahani
- 16) Tanushka Padelkar
- 17) Priya Suvarna
- 18) Satyam Shukla
- 19) Mahesh Wankhede
- 20) Saurabh Pandey
- 21) Pratham Rawool
- 22) Kithik Kharatmol
- 23) Yash Salkar
- 24) Meet Kawali
- 25) Manisha Garikwad



INAUGURATION OF THE CAMP

The students were supposed to report to the college first, before leaving for the campsite. At 9:00 AM all the students were gathered in the college campus.

At 10:00 AM all the volunteers including the programming officer and other faculty members left for the camp and by 12:45 PM they reached the site. All the materials were unloaded from the bus and were stored in their respective places. After that, the volunteers started with cleaning the premises followed by lunch.

The inauguration programme started at 3:30 PM. **Mr Rajendra Kasare**, member of the Panchayat Samiti, **Mr Ravindra Kasare**, the oldest member of the village and **Prof. Nilesh Jadhav** from Viva Institute of Applied Art, were the guests of honour for the inauguration.



The function began with Lamp Lighting Ceremony by the chief guests joined by the programme officers Prof. Ashish Shetty and Prof. Sachin Pandey.

This was followed by all the NSS volunteers singing the National anthem. Prof. Nilesh Jadhav delivered the inaugural address. He delivered an elaborative speech regarding the importance of NSS and that the key aspect was discipline. He also shared some of his experiences being a part of NSS and how it positively affected his life and what changes can the volunteers bring about in the society



by first starting from themselves. He also talked about the cruciality of time and how important was it for everyone to manage time well, which he also said, the volunteers were eventually going to learn in this camp. He appreciated the students for joining the NSS scheme and encouraged them to involve themselves in similar social service practices.



Thereafter, the pledge taking ceremony was conducted by the NSS Volunteers. The programme winded up by 5:00 PM. Later activities were conducted for the volunteers which included many team activities.

Then the volunteers with the help of Prof. Nilesh Jadhav began with cooking dinner for the first day which was served by 8:00 PM. There was a session held for discussing activities to be conducted for day 2. And hence the first day of camp ended with a sense of harmony.



Prof. Nilesh Jadhav cooking dinner for all the members of NSS Camp

CLEANLINESS DRIVE IN THE ADOPTED VILLAGE

A Cleanliness drive was organized by the NSS volunteers of Viva Institute of Technology in their respective village which marked the second day of seven day NSS camp on 24th of December, 2019. The NSS Volunteers started their day with the Yoga and jogging conducted by **Prof. Sachin Pandey**.



Team Alpha, Beta And Gamma Performing Yoga Followed by Jogging





Succeeding with yoga and jogging breakfast was served and after which the NSS Volunteers left for their respective village for the cleanliness drive. The drive also included digging a hole for water storage purpose and also for proper drainage.





The members of Team Beta successfully dug a hole for the ease of the villagers

Digging a hole was a big task but the volunteers worked hard to complete the work on time which eventually taught all the volunteers the importance of time management combined with hard work.

The same evening a street play on the topic of waste management was done by Team in the respective adopted village called Thalyachapada. The sole purpose of performing street play is to create awareness regarding social issues on which the people don't emphasize much on a daily basis and keep suffering due to it.

All these activities combined with dinner prepared by the Kitchen team (who were excluded from other 2 activities) ended our Day 2 on a high note which provided every volunteer with a will to serve more in following days to come.



TOBACCO AWARENESS AND WASTE MANAGEMENT

According to the WHO, 6 million people die due to tobacco smoking and an estimated 600,000 individuals lose their lives due to second-hand smoke globally each year. Due to the increasing number of victims, Maharashtra Rajya Nashabandhi Mandal holds camps for treatment of tobacco victims and tobacco addicts.



Prof. Milind Patil giving some vital information about why to say NO TO TOBACCO

On 26 December 2019, to spread awareness on tobacco and its causes, **Prof. Milind Patil** from Palghar, who is also an NSS volunteer and **Mrs Disha Kalause** were invited for the guest lecture to our 7 day NSS camp. The guests discussed about how tobacco causes cancer and its other dangerous effects on human health.

Cancer not only affects the tobacco addicts but also the people around them. We inhale 30% of tobacco through air and also intake it through the dust settled on the things around us. About 10 Lakh people are killed every year and around 3000 people die per day due to tobacco, mawa, etc. Some stories of tobacco victims were also discussed in the session, one of which was the story of a small girl from Nagpur who died due to cancer diagnosed at the 3rd stage, due to excess consumption of tobacco. Other topics like mobile and other digital addiction were also discussed in the session.





Students were also given the opportunity to share their thoughts regarding different kinds of Addictions

The volunteers felt privileged that they were given a wonderful opportunity to attain **Prof. Milind Patil** and **Mrs Disha Kalaure's** guest lecture. After this immensely knowledgeable session, every volunteer resolved to spread awareness on tobacco among the people.

All in all it was a very productive day for all the NSS volunteers in terms of grasping vital information regarding why to say no to drugs, tobacco, alcohol, etc.



Team Alpha listening patiently to the villagers about the measures they take for waste disposal

On the same day Team Alpha went for their Shram Daan activity and the topic was to go door to door of the villagers and talk with them regarding what measures they take for managing the waste around and inside their house.

Many villagers didn't know about why to segregate the wet and dry waste so the volunteers patiently explained the villagers the importance of segregating wet and dry waste.





IMPORTANCE OF PERFORMING STREET PLAYS

On 27 December 2019 i.e. on the fourth day of the NSS camp our guest lecture was conducted by the Palghar district coordinator, **Mr Jagdish Sansare Sir** accompanied with the best NSS leader award

holder **Ms Latika.**

Mr Jagdish Sansare sharing his thoughts on how street plays helps in creating awareness.

How street plays play an important role in awareness, amazing techniques to make the street plays better, techniques on how to grab people's attention and how to keep it constant was discussed here.

Mr. Jagdish Sansare demonstrating the importance of using human props in a street play



Games which can help one to improve their reflexes were played during the lecture, including how to deliver dialogues, which songs can be used and be improvised according to the topic were taught in the session which was also the fun element of the session.



Some fun games taught by Mr Jagdish and Ms Latika.



All faculty members actively participating in the activities conducted by Mr Jagdish Sansare.



This session was very helpful for the volunteers. The volunteers learned to see ordinary objects extraordinarily. This was done when Mr Jagdish asked the volunteers to describe a water bottle in just one line without describing its actual purpose, imagining it to be anything but the bottle itself. It was a very unique way to inculcate distinct perception of everyday things. This helped the volunteers in getting a broad sense of imagination and improving their creativity. This session provided out of the ordinary ways in which humans can be used as properties (more commonly known as props) in a street play. It was an extraordinary day for all the NSS volunteers present for this session. Through this session, the volunteers came to know how impactful street plays could be, not just to the people watching but to the ones performing as well.



NSS volunteers along with Mr Jagdish Sansare and the faculty members during the guest lecture.



THE ORIGAMI WORKSHOP

On the 5th day i.e. 28th December 2019, Viva Institute of Technology conducted a playful origami workshop and sports and other activities for the students of the District Council School. The students were taught the many ways in which a normal paper can be used productively through origami. A sports session was also conducted for the students which included games like cricket, one leg race and other fun games. This session was conducted to improve the children's creativity and productivity. This session also emphasized on reusing waste papers creatively. A normal newspaper could be turned into a stationary holding box, or even a pouch that could easily carry weight of a minimum of a kilogram. It invoked in the children a sense of creativity, blue-sky thinking, innovatory ideas and ingenious ways to contribute to the society.



The NSS Volunteers teaching Origami to the students of the District Council School.





The NSS volunteers actively participating in the sports conducted by the Programming officer.

After having lunch, sports and games session was conducted for the NSS volunteers. This session included games like cricket, dodge the ball, one leg race, volleyball, etc. This session acted as a stress buster for everyone. The volunteers were very much refreshed and it eventually boosted the volunteers' energy to do more work in the forthcoming days.

During the community service on the 3rd day of the camp, while the volunteers interacted with the local people they came to know about the various problems faced by the villagers. One common problem which came into the knowledge of the volunteers was about uneven roads and how every year the people of the village suffered due to the damaged roads caused by yearly floods.

Hence, in order to make the people of the village aware of the governmental schemes that proved beneficial in helping them solve the issue of damaged roads, the volunteers performed a street play on PRADHAN MANTRI GRAM SADAK YOJANA scheme. The scheme focused on rural road development for free. One just needed to register online and the road was inspected by the government officer and accordingly the issue was solved.





Street play on PRADHAN MANTRI GRAM SADAK YOJANA performed by the NSS Volunteers in the District Council School.

A detailed way of how one can get in contact and get access to the schemes was very cleverly depicted by the volunteers through this street play. At the end of the day the volunteers showcased their hidden talents by performing various activities. These performances included dance, singing, poetry recitation, qawwali, stand-up comedy and many more.



Poem recitation by the member of Team Alpha

SPORTS & GAMES FOR THE ORPHANAGE CHILDREN

The day was well started by the NSS volunteers specifically by the appointed kitchen team as today the volunteers who had attended the camp in the previous year had come to pay a visit and it was also the day of camp fire so the kitchen team was all set to prepare food for almost 70 people in place of the usual 50 people. The morning snacks being on time showed that by this time the volunteers had learned both time and resource management as well as good hospitality of their guests.



The Kitchen Team of that day i.e Team Beta preparing breakfast





The Kitchen Team of that day i.e Team Beta preparing Lunch

On one side the Kitchen Team was busy in preparing food, the Community Service Team on the other side was engaged in conducting sports for the children of the Ashram.



NSS volunteers of Team Alpha during community service in the ashram.

Games like running, book balancing, throw ball, basketball, etc were organized by the NSS volunteers for the children. The children enjoyed a lot playing all the games. In the end all the top players were rewarded with gifts and in fact every child was provided with a reward.



Glimpse of a game organized for the children



The children being rewarded by the NSS volunteers of Team Alpha



NSS volunteers of Team Alpha with the children of the Asharam

The third team, i.e. the team performing street play(team Gamma) had to clean the premises first and then practice for their play. Since it was the day of campfire, the team also had to dig up a small pit for placing the bonfire.



Team Gama digging pit for Campfire

After all the activities for the day, the volunteers took a little bit of rest and had their dinner earlier than usual around so that everyone could enjoy the camp fire night and the second last day ended with everyone enjoying the warmth of the fire on a cold winter night.



Camp fire lit up by the NSS volunteers of all teams together



THE RECALLING RALLY

On 30th December 2019, 7th day of the camp, the morning routine was followed as per the schedule like the previous 6 days. This included health and fitness session which consisted of a 1-hour yoga session followed by 30-min exercise.



All the NSS volunteers going for the morning jog

On the final day of this residential camp, Viva Institute of Technology conducted a rally in the adopted village, Bhatane.



All the NSS volunteers commencing the rally

This rally focused on giving out messages regarding important social issues. The issues taken up were as follows:

1. Female foeticide
2. Anti-tobacco consumption
3. Prevention of plastic use
4. Environment protection
5. Traffic safety
6. Pollution control
7. Women's safety
8. Importance of education
9. The 3R's

The posters were made by the volunteers themselves. This led the volunteers to showcase their creativity with knowledge. This acted as a creative form of interaction between the volunteer and the villagers.

The rally was a summation of all the services done in the village which acted as a recalling event for the villagers. Along with spreading the messages , handmade cloth bags were also distributed among the villagers as an initiative to curb the use of plastic bags. The rally led the NSS volunteers to interact even more with the villagers.



Distribution of handmade cloth bags during the rally by the NSS Volunteers



The NSS volunteers during the rally

This 7 day camp was not only beneficial for the people of the village but also for the NSS volunteers. On one side as the villagers were being made aware of various issues, diseases and importance of various social aspects, the volunteers on the other hand learned a lot regarding interaction with different kinds of people, the societal issues that existed which some of them weren't even aware of, a sense of gratitude, togetherness, rural hospitality, self development and most importantly a sense of completeness that one gets each time they do social service in any form.



The NSS volunteers during the rally