

### Vishnu Waman Thakur Charitable Trust's

### **VIVA Institute of Technology**

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3.4.3. Number of extension and outreached Programmes conducted by the institution through NSS/ NCC/ Red Cross/ YRC etc., (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. and/or those organised in collaboration with industry, community and NGOs during the last five years

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PRINCIPAL

VIVA INSTITUTE OF TECHNOLOGY



### Vishnu Waman Thakur Charitable Trust's

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# A REPORT ON SEVEN DAYS NSS CAMP (21.03.2022 TO 27.03.2022)

# "NOT WE, BUT YOU" ORGANIZED BY THE NSS UNIT OF VIVA INSTITUTE OF

**TECHNOLOGY** 



### 21 March, 2022

### **Day-01**

The NSS residential Camp was Conducted for the NSS Volunteers of VIVA Institute of Technology & Pharmacy. 25 Volunteers from Technology and 25 from Pharmacy were selected from the unit to Come to camp. The camp was organized at Bhatane Village, Vasai. The Camp was Scheduled from 20 March to 26 March. Prof. Ashish Shetty & Prof. Sachinkumar Pandey were there with us throughout this camp period to guide us.

All volunteers gathered at Virar station at 8 am. And from Virar station bus were arranged for us to reach to village. Around 12 pm we reached at bhatane Village. A separate farmhouse were there for boys and girls to stay. After getting fresh all volunteers were instructed to come together. And after that Ashish sir and sachin sir gave us a detailed Information about camp and also told us rules & regulations which we have to follow throughout these camp. And after that Volunteers were divided into three groups. One group will be performed kitchen duty, second group will be performing cleaning duty and third team will be performing street play at village. And these duties will be getting swapped every day. So after that we all started our work which was assigned for our team. Around 2 pm we all gathered for lunch. Delicious food were appropriated by kitchen team for all of us. After having lunch some savolunteers were getting prepared for street play. At 4 pm

Volunteers went to thalachya pada for street play. Villagers enjoyed a streetplay a lot. At 8 pm volunteers gathered for lunch. And after having lunch all volunteers after finishing their work went to farmhouse for Sleeping. And our day 1 ended.





### 22 March, 2022

### **Day 02**

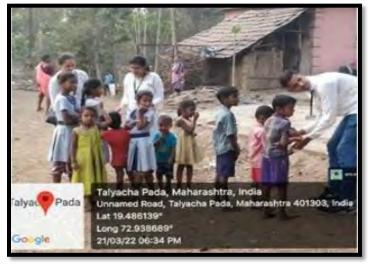
The second day of NSS residential Camp. We all wake up at 5 am and after getting fresh we went for yoga and after that we went for jogging. And kitchen team were making breakfast for all volunteers. After coming from jogging we all gathered for having breakfast at 7 am. And after having breakfast some volunteers went to village for shraamdaan and others were doing cleaning duty in camp premises.

And after doing our duties we all gathered for lunch at 1 pm. Delicious food were prepared by kitchen team for all volunteers. And after lunch at 3 pm guest lecture was arranged for all volunteers. Guest lecture was conducted Mr. Milind Patil on 'Nasha Mukti'. Milind sir explained us causes & harmful effects of smoking. They also explained us how to avoid smoking and what precautions should we take. It was very Informative and helpful session for all of us. And after that volunteers went for streetplay at thalachya pada. And at 8 pm volunteers gathered for lunch. And after having lunch and finishing their own duties volunteers went to farmhouse for sleeping. And our second day ended.











### 23 March, 2022

### **Day 03**

The Third day of NSS residential Camp. We all wake up at 5 am and after getting fresh we went for yoga and after that we went for jogging. And kitchen team were making breakfast for all volunteers. After coming from jogging we all gathered for having breakfast at 7 am. And after having breakfast some volunteers went to village for shraamdaan and others were doing cleaning duty in camp premises.

And after doing our duties we all gathered for lunch at 1 pm. Delicious food were prepared by kitchen team for all volunteers. And after lunch at 3 pm guest lecture was arranged for all volunteers. The lecture was conducted by Mr. Anna kodlaskar Sir on topic of 'need of Scientific Temperament'. In these session sir explained us how some bhondubaba's misguide us by showing some tricks. He also told us a logic behind tricks which these people used to make us fool. It was a very Informative and interesting session. This session changed our mindset. And after attaining guest lecture volunteers went for streetplay at thalachya pada. And at 8 pm volunteers gathered for lunch. And after having lunch and finishing their own duties, volunteers went to farmhouse for sleeping. And our third day ended.







At: Shirgaon
Post: Virar,
Tal.: Vasai,
Dist. Palghar

24 March, 2022

**Day 04** 

The fourth day of NSS residential Camp. We all wake up at 5 am and after getting fresh we went for yoga and after that we went for jogging. And kitchen team were making breakfast for all volunteers. After coming from jogging we all gathered for having breakfast at 7 am. And after having breakfast some volunteers went to village for shraamdaan and others were doing cleaning duty in camp premises.

Two guest lecture was arranged for all volunteers. Out of which First lecture was of Mr. Gajanan Patil on topic of 'Consumer Rights'. And after this lecture all volunteers gathered for lunch at 1 pm. Delicious food were prepared by kitchen team for all volunteers. And after having lunch one more guest lecture was conducted by Mr. Jagdish Sansari sir on how to performed streetplay. It was very informative session and full of fun & enjoyment. All volunteers enjoyed this session. And after attaining guest lecture volunteers went for streetplay at thalachya pada. And at 8 pm volunteers gathered for lunch. A spicy Chicken was prepared for all volunteers. And after having lunch and finishing their own duties, volunteers went to farmhouse for sleeping. And our fourth day ended.







25 March, 2022

**Day 05** 

The fifth day of NSS residential Camp. We all wake up at 5 am and after getting fresh we went for yoga and after that we went for jogging. And kitchen team were making breakfast for all volunteers. After coming from jogging we all gathered for having breakfast at 7 am. And after having breakfast some volunteers went to village for shraamdaan and others were doing cleaning duty in camp premises.

Our District coordinator Mrs. Deepa dalvi mam visited our camp. She listed some important points which we should follow & she also discuss that how these NSS camp will be benefit you in your coming life. And after that we had a lunch at 1pm. The Principal of VIVA institute of pharmacy also visited camp and had a interactive session with all volunteers. In Evening at thalaycha pada various competions were arranged by our volunteers for childrens of village and tried to spent much more as time they can. Volunteers also visited orphanage and donated clothes, sanitary pads & some food items as well. And at 8 pm volunteers gathered for lunch. A delicious food was prepared for all volunteers. And after having lunch and finishing their own duties, volunteers went to farmhouse for sleeping. And our fifth







### 26 March, 2022

### **Day 06**

The Sixth day of NSS residential Camp. We all wake up at 5 am and after getting fresh we went for yoga and after that we went for jogging. And kitchen team were making breakfast for all volunteers. After coming from jogging we all gathered for having breakfast at 7 am. And after having breakfast some volunteers went to village in zila Parishad school and conducted drawing competition for students and also distributed prizes among winners.

At 1pm we all gathered for lunch. In evening Engineering & Pharmacy volunteers conducted a street play on topic of road safety. And after that we gathered for lunch at 8 pm. And after lunch we had done camp fire also. By using candles map of India was prepared. All Volunteers enjoyed a camp fire a lot. It was a very delightful experience. And by this way our sixth day ended.











### 27 March, 2022

### **Day 07**

The last day of our 7 days NSS residential camp. We all wake up at 5 am and after getting fresh we went for yoga and after that we went for jogging. And kitchen team were making breakfast for all volunteers. After coming from jogging we all gathered for having breakfast at 7 am. After having breakfast we had taken rally in Village. In these rally we listed some important points such as women empowerment, cleanliness, development of country, save girl child, conservation of trees & corruption. We tried to spread awareness as much as we can. Various slogans were made by our volunteers and we were continuously saying slogans throughout village.

After coming from rally we all gathered for lunch. Kitchen prepared a delicious pavbhaji for all volunteers. And after that ice cream was also served by our Program officers. And after that cleaning team done their job and after performing all duties we went for packing. And around 2 pm we departed from camp spot by bus.

How these seven days passed we only don't know. These camp taught us many things like time management, Importance of discipline, how to coordinate & work with different types of people and Importance of Family as well. Such a great and delightful experience it was of 7 days NSS residential camp. And once again thanks to our program officer for Prof. Ashish Shetty

(Tech) & Prof. Sachinkumar Pandey (pharm) for helping and guiding throughout these camp. And Thanks to college also for supporting us and providing good facilities such as food stuffs, water & other facilities and taking care of all volunteers.







## Vishnu Waman Thakur Charitable Trust's VA Institute of Technology Approved by AICTE, New Delhi, DTE, Government of Maharashtra And Affiliated to University of Mumbai

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# <u>A REPORT ON</u> <u>SEVEN DAYS NSS CAMP</u> (24.12.2019 TO 30.12.2019)

"NOT ME, BUT YOU"
ORGANIZED BY
THE NSS UNIT OF
VIVA INSTITUTE OF
TECHNOLOGY

### **INTRODUCTION:**

NATIONAL SERVICE SCHEME popularly known as NSS was launched in Mahatma Gandhi's Birth Centenary Year 1969, under the Ministry of Youth Affairs & Sports Govt. of India. The scheme was launched simultaneously in 37 Universities involving 40,000 students with a primary focus on the development of the personality of students through community service and promotion of national solidarity.

In India, the idea of involving students in the task of national service dates back to the times of Mahatma Gandhi, the father of the nation. The central theme which he tried to impress upon his student audience time and again was that they should always keep before them, their social responsibility. The first duty of the students should be, not to treat their period of study as one of the opportunities for indulgence in intellectual luxury, but for preparing themselves for final dedication in the service of those who provided the sinews of the nation with the national goods & services so essential to society. Advising them to form a living contact with the community in whose midst their institution is located, Mahatma Gandhi suggested that instead of undertaking academic research about economic and social disability, the students should do "something positive so that the life of the villagers might be raised to a higher material and moral level".

NSS works on the premise that it is possible to awaken the villagers and slum dwellers to their responsibilities and develop in them the confidence, to tackle their common problems with energy, enthusiasm and in a co-operative spirit, based on mutual aid and self-reliance. The role of students is limited as activists, enablers, catalytic agents with wider communities and as programme aids.

The main objectives of the National Service Scheme (NSS) are:

At: Shirgaon`

Tal.: Valander stand the community in which they work.

Tiet Palahar

Understand themselves concerning their community.

Identify the needs and problems of the community and involve them in problem-solving

Develop among themselves a sense of social and civic responsibility.

Utilize their knowledge in finding practical solutions to individual and community problems.

Develop competence required for group-living and sharing responsibilities.

Gain skills in mobilizing community participation.

Acquire leadership qualities and democratic attitude.

Develop the capacity to meet emergencies and natural disasters

Practice national integration and social harmony.

MOTTO of NSS "NOT ME, BUT YOU" reflects the essence of democratic living and upholds the need for selfless service and appreciation of other person's point of view and also to show consideration for fellow human beings. It underlines that the welfare of an individual is ultimately dependent on the welfare of society on the whole. Therefore, it should be the aim of NSS to demonstrate this motto in its day-to-day programme.

**SPECIAL DAY NSS CAMPING**: Special Camping forms an integral part of the National Service Scheme. It has special appeal to the youth as it provides unique opportunities to the students for group living, collective experience sharing and constant interaction with community.

The primary objectives of the special camping programmes are:-

Making education more relevant to the present situation to meet the felt needs of the communities and supplement the education of university/college/school students by bringing them face to face with the community situations.

To provide opportunities to students to play their due roles in the implementation of various development programmes by planning and executing development projects, which not only help in creating durable community assets in rural areas and sturns but also result in improvement of the condition of weaker sections of

Post: Vine communities.

Encouraging the students and non-students youth to work along with adults in rural areas, thereby developing their character, social consciousness and commitment, discipline and healthy and helpful attitudes towards the community: Building up potential youth leaders by exploring the latent potential among the campers, both students as well as local youth (rural and urban), with a view of involving them more intimately in development projects for longer periods. The local leadership generated during the camps would also be useful in ensuring proper maintenance of the assets created as a result of the camps.

Emphasizing the dignity of labour and self-help and the need for combining physical work with intellectual pursuits, and

Encouraging youth to participate enthusiastically in the process of national development, and promote national integration through democratic living and cooperative action.

The objective of this camp was to begin the interface with community, rapport building with community members and developing understanding of the village keeping in view the rationale of village adoption i.e. develop long term institutional relationships with the community and contribution to the upliftment of people therein as well as create awareness among teacher trainees regarding their responsibilities towards the society.

The volunteers participated enthusiastically in the camp under the able supervision of **Prof. Ashish Shetty and Prof. Sachin Pandey,** program coordinators of NSS under the guidance of **Dr. Arun Kumar**, Principal, Viva Institute of Technology and **Ms. Sunita Oghale**, Principal, Viva Institute of pharmacy), Virar. A week-long plan for the special camp was fixed out which is as follow:

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At: Shirgaon Post: Virar, Tal.: Vasai,

		Viva Inst	titute Of Technology Schedule For Nss	Camp December 2019		( 9)	
Timings	24th Dec	25th Dec	26th Dec	27th Dec	28th Dec	29th Dec	30th Dec
5:45am	Reporting	Reporting	Reporting	Reporting	Reporting	Reporting	Reporting
3:00am to 7:30am	Yog/Exercise	Yog/Exercise	Yog/Exercise	Yog/Exercise	Yog/Exercise	Yog/Exercise	Yog/Exercise
30am to 8:00am	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
3:00am to 12:00pm	Inauguration	Cleanliness drive	Tobacco Awareness	Waste Management	Origami Workshop	Sports Day	Rally
12:00pm to 1:00pm	Personal Hygeine	Personal Hygeine	Personal Hygeine	Personal Hygeine	Personal Hygeine	Personal Hygeine	Personal Hygeine
1:00pm to 2:00pm	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
2:00pm to 3:00pm	Rest	Rest	Rest	Rest	Rest	Rest	Rest
3:00pm to 4:15pm	Guest Lecture	Guest Lecture	Guest Lecture	Guest Lecture			
4:15pm to 4:30pm	Tea Break	Tea Break	Tea Break	Tea Break	Tea Break	Tea Break	Tea Break
4:30pm to 5:30pm	Street Play	Street Play	Street Play	Street Play	Street Play	Street Play	Street Play
5:30pm to 7:00pm	Sports/Games	Cricket/Lagori	Cricket/Badminton	Cricket/Volleyball	Cricket/Khokho	Cricket/Kabbadi	Closing
7:00pm to 9:00pm	Cultural Program	Cultural Program	Cultural Program	Cultural Program	Cultural Program	Cultural Program	
9:00pm to 10:00pm	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
10:30pm	Lights Off	Lights Off	Lights Off	Lights Off	Lights Off	Lights Off	

# 25 Volunteers of session 2019-2020 turned up and willingly participated in the camp with full cooperation, zeal and enthusiasm

- 1) Krunal Patil
- 2) Chetan Sable
- 3) Varun Sankhe
- 4) Kaustubh Bhoir
- 5) Darshana Dodeker
- 6) Shweta Kamble
- 7) Rutvika Rathod
- 8) Harshal Gupta
- 9) Mihir Nanjiani
- 10) Shilpa Jambhale
- 11) Madhavi Jadhav
- 12) Mayuri Khopkar
- 13) Prachi Mhatre
- 14) Aishwarya Gawandi
- 15) Prem Sahani
- 16) Tanushka Padelkar
- 17) Priya Suvarna
- 18) Satyam Shukla
- 19) Mahesh Wankhede
- 20) Saurabh Pandey
- 21)Pratham Rawool
- 22) Rithik Kharaemol
- 23) Yash Salkar At. Shirgaon
- 24) Meet Kawali

Manishay Garikwa

### **INAUGURATION OF THE CAMP**

The students were supposed to report to the college first, before leaving for the campsite. At 9:00 AM all the students were gathered in the college campus.

At 10:00 AM all the volunteers including the programming officer and other faculty members left for the camp and by 12:45 PM they reached the site. All the materials were unloaded from the bus and were stored in their respective places. After that, the volunteers started with cleaning the premises followed by lunch.

The inauguration programme started at 3:30 PM. **Mr Rajendra Kasare**, member of the Panchayat Samiti, **Mr Ravindra Kasare**, the oldest member of the village and **Prof. Nilesh Jadhav** from Viva Institute of Applied Art, were the guests of honour for the inauguration.



The function began with Lamp Lighting Ceremony by the chief guests joined by the programme officers Prof. Ashish Shetty and Prof. Sachin Pandey.

Thist: wirsafollowed by all the NSS volunteers singing the National anthem. Prof. Nilesh Jadhav Post: Virar, delivered she imagural address. He delivered an elaborative speech regarding the importance of NSS and that the key aspect was discipline. He also shared some of his experiences being a part of NSS and how it possitively affected his life and what changes can the volunteers bring about in the society

by first starting from themselves. He also talked about the cruciality of time and how important was it for everyone to manage time well, which he also said, the volunteers were eventually going to learn in this camp. He appreciated the students for joining the NSS scheme and encouraged them to involve themselves in similar social service practices.



Thereafter, the pledge taking ceremony was conducted by the NSS Volunteers. The programme winded up by 5:00 PM. Later activities were conducted for the volunteers which included many team activities.

Then the volunteers with the help of Prof. Nilesh Jadhav began with cooking dinner for the first day which was served by 8:00 PM. There was a session held for discussing activities to be conducted for day 2. And hence the first day of camp ended with a sense of harmony.



Prof. Nilesh Jadhav cooking dinner for all the members of NSS Camp

### CLEANLINESS DRIVE IN THE ADOPTED VILLAGE

A Cleanliness drive was organized by the NSS volunteers of Viva Institute of Technology in their respective village which marked the second day of seven day NSS camp on 24<sup>th</sup> of December, 2019. The NSS Volunteers started their day with the Yoga and jogging conducted by **Prof.** Sachin Pandey.



Team Alpha, Beta And Gama Perfoming Yoga Followed by Jogging



At: Shirgaon Post: Virar, Tal.: Vasai, Dist. Palghar



Succeeding with yoga and jogging breakfast was served and after which the NSS Volunteers left for their respective village for the cleanliness drive. The drive also included digging a hole for water storage purpose and also for proper drainage.





The members of Team Beta successfully dug a hole for the ease of the villagers

Digging a hole was a big task but the volunteers worked hard to complete the work on time which eventually taught all the volunteers the importance of time management combined with hard work.

The same evening a street play on the topic of waste management was done by Team in the respective adopted village called Thalyachapada. The sole purpose of performing street play is to create awareness regarding social issues on which the people don't emphasize much on a daily basis and keep suffering due to it.

All these activities combined with dinner prepared by the Kitchen team (who were excluded from other 2 activities) ended our Day 2 on a high note which provided every volunteer with a will to serve more in following days to come.



### TOBACCO AWARENESS AND WASTE MANAGEMENT

According to the WHO, 6 million people die due to tobacco smoking and an estimated 600,000 individuals lose their lives due to second-hand smoke globally each year. Due to the increasing number of victims, Maharashtra Rajya Nashabandhi Mandal holds camps for treatment of tobacco victims and tobacco addicts.



Prof. Milind Patil giving some vital information about why to say NO TO TOBACCO

On 26 December 2019, to spread awareness on tobacco and its causes, **Prof. Milind Patil** from Palghar, who is also an NSS volunteer and **Mrs Disha Kalause** were invited for the guest lecture to our 7 day NSS camp. The guests discussed about how tobacco causes cancer and its other dangerous effects on human health.

Cancer not only affects the tobacco addicts but also the people around them. We inhale 30% of tobacco through air and also intake it through the dust settled on the things around us. About 10 Lakh people are killed every year and around 3000 people die per day due to tobacco, mawa, etc. Some stories of tobacco victims were also discussed in the session, one of which was the story of a small girl from apposition of tobacco. Other topics these mobile and other digital addiction were also discussed in the session.



Students were also given the opportunity to share their thoughts regarding different kinds of Addictions

The volunteers felt privileged that they were given a wonderful opportunity to attain **Prof. Milind Patil** and **Mrs Disha Kalause's** guest lecture. After this immensely knowledgeable session, every volunteer resolved to spread awareness on tobacco among the people.

All in all it was a very productive day for all the NSS volunteers in terms of grasping vital information regarding why to say no to drugs, tobacco, alcohol, etc.



Team Alpha listening patiently to the villagers about the measures they take for waste disposal

On the same day Team Alpha went for their Shram Daan activity and the topic was to go door to door of the villagers and talk with them regarding what measures they take for managing the waste around and inside their house.

Many villagers didn't know about why to segregate the wet and dry waste so the volunteers patiently explained the villagers the importance of segregating wet and dry waste.







### **IMPORTANCE OF PERFORMING STREET PLAYS**

On 27 December 2019 i.e. on the fourth day of the NSS camp our guest lecture was conducted by the Palghar district coordinator, **Mr Jagdish Sansare Sir** accompanied with the best NSS leader award

holder Ms Latika.

Post: Virar,

Mr Jagdish Sansare sharing his thoughts on how street plays helps in creating awareness.

How street plays play an important role in awareness, amazing techniques to make the street plays better, techniques on how to grab people's attention and how to keep it constant was discussed here.

Vr. Lagdish Sansare demonstrating the importance of using human props in a street play

Games which can help one to improve their reflexes were played during the lecture, including how to deliver dialogues, which songs can be used and be improvised according to the topic were taught in the session which was also the fun element of the session.



Some fun games taught by Mr Jagdish and Ms Latika.



Post: Virar, Tal.: Vasai, Dist. Palghar This session was very helpful for the volunteers. The volunteers learned to see ordinary objects extraordinarily. This was done when Mr Jagdish asked the volunteers to describe a water bottle in just one line without describing its actual purpose, imagining it to be anything but the bottle itself. It was a very unique way to inculcate distinct perception of everyday things. This helped the volunteers in getting a broad sense of imagination and improving their creativity. This session provided out of the ordinary ways in which humans can be used as properties (more commonly known as props) in a street play. It was an extraordinary day for all the NSS volunteers present for this session. Through this session, the volunteers came to know how impactful street plays could be, not just to the people watching but to the ones performing as well.



NSS volunteers along with Mr Jagdish Sansare and the faculty members during the guest lecture.



### THE ORIGAMI WORKSHOP

On the 5th day i.e. 28th December 2019, Viva Institute of Technology conducted a playful origami workshop and sports and other activities for the students of the District Council School. The students were taught the many ways in which a normal paper can be used productively through origami. A sports session was also conducted for the students which included games like cricket, one leg race and other fun games. This session was conducted to improve the children's creativity and productivity. This session also emphasized on reusing waste papers creatively. A normal newspaper could be turned into a stationary holding box, or even a pouch that could easily carry weight of a minimum of a kilogram. It invoked in the children a sense of creativity, blue-sky thinking, innovatory ideas and ingenious ways to contribute to the society.



The NSS Volunteers teaching Origami to the students of the District Council School.

At: Shirgaon
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The NSS volunteers actively participating in the sports conducted by the Programming officer.

After having lunch, sports and games session was conducted for the NSS volunteers. This session included games like cricket, dodge the ball, one leg race, volleyball, etc. This session acted as a stress buster for everyone. The volunteers were very much refreshed and it eventually boosted the volunteers' energy to do more work in the forthcoming days.

During the community service on the 3rd day of the camp, while the volunteers interacted with the local people they came to know about the various problems faced by the villagers. One common problem which came into the knowledge of the volunteers was about uneven roads and how every year the people of the village suffered due to the damaged roads caused by yearly floods.

Hence, in order to make the people of the village aware of the governmental schemes that proved beneficial in helping them solve the issue of damaged roads, the volunteers performed a street play on PRADHAN MANTRI GRAM SADAK YOJANA scheme. The scheme focused on rural road development for free. One just needed to register online and the road was inspected by the government officer and accordingly the issue was solved.

At: Shirgaon
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Street play on PRADHAN MANTRI GRAM SADAK YOJANA performed by the NSS Volunteers in the District Council School.

A detailed way of how one can get in contact and get access to the schemes was very cleverly depicted by the volunteers through this street play. At the end of the day the volunteers showcased their hidden talents by performing various activities. These performances included dance, singing, poetry recitation, qawwali, stand-up comedy and many more.



### **SPORTS & GAMES FOR THE ORPHANAGE CHILDREN**

The day was well started by the NSS volunteers specifically by the appointed kitchen team as today the volunteers who had attended the camp in the previous year had come to pay a visit and it was also the day of camp fire so the kitchen team was all set to prepare food for almost 70 people in place of the usual 50 people. The morning snacks being on time showed that by this time the volunteers had learned both time and resource management as well as good hospitality of their guests.





The Kitchen Team of that day i.e Team Beta preparing breakfast



The Kitchen Team of that day i.e Team Beta preparing Lunch

On one side the Kitchen Team was busy in preparing food, the Community Service Team on the other side was engaged in conducting sports for the children of the Ashram.



Games like running, book balancing, throw ball, basketball, etc were organized by the NSS volunteers for the children. The children enjoyed a lot playing all the games. In the end all the top players were rewarded with gifts and in fact every child was provided with a reward.



Glimpse of a game organized for the children





NSS volunteers of Team Alpha with the children of the Asharam

The third team, i.e. the team performing street play(team Gamma) had to clean the premises first and then practice for their play. Since it was the day of campfire, the team also had to dig up a small pit for placing the bonfire.



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After all the activities for the day, the volunteers took a little bit of rest and had their dinner earlier than usual around so that everyone could enjoy the camp fire night and the second last day ended with everyone enjoying the warmth of the fire on a cold winter night.



Camp fire lit up by the NSS volunteers of all teams together



### THE RECALLING RALLY

On 30th December 2019, 7th day of the camp, the morning routine was followed as per the schedule like the previous 6 days. This included health and fitness session which consisted of a 1-hour yoga session followed by 30-min exercise.



All the NSS volunteers going for the morning jog

On the final day of this residential camp, Viva Institute of Technology conducted a rally in the adopted village, Bhatane.



At: Shirgaon Post: Virar, Tal.: Vasai, Dist. Palghar

All the NSS volunteers commencing the rally

This rally focused on giving out messages regarding important social issues. The issues taken up were as follows:

- 1. Female foeticide
- 2. Anti-tobacco consumption
- 3. Prevention of plastic use
- 4. Environment protection
- 5. Traffic safety
- 6. Pollution control
- 7. Women's safety
- 8. Importance of education
- 9. The 3R's

The posters were made by the volunteers themselves. This led the volunteers to showcase their creativity with knowledge. This acted as a creative form of interaction between the volunteer and the villagers.

The rally was a summation of all the services done in the village which acted as a recalling event for the villagers. Along with spreading the messages, handmade cloth bags were also distributed among the villagers as an initiative to curb the use of plastic bags. The rally led the NSS volunteers to interact even

more with the villagers.







Distribution of handmade cloth bags during the rally by the NSS Volunteers









The NSS volunteers during the rally

This 7 day camp was not only beneficial for the people of the village but also for the NSS volunteers. On one side as the villagers were being made aware of various issues, diseases and importance of various social aspects, the volunteers on the other hand learned a lot regarding interaction with different kinds of people, the societal issues that existed which some of them weren't even aware of, a sense of gratitude, togetherness, rural hospitality, self development and most importantly a sense of completeness that one gets each time they do social service in any form.



The NSS volunteers during the rally